



33rd Annual International Conference of the Indian Association of Palliative Care (IAPC)

Pre Conference Workshop : 12th February 2026

Conference : 13th - 15th February 2026

Venue: International Institute of Information Technology - Hyderabad
Organized by: Sparsh Hospice, Hyderabad & Basavatarakam Indo-American Cancer Hospital and Research Institute, Hyderabad



CBT Approaches in Palliative Care

Timing: 9:00 am to 01:00 pm

Minimum Participants: 25

Maximum Participants: 30

HIGHLIGHTS OF THE WORKSHOP

To understand Concepts of CBT in the context of palliative care.

To apply CBT for managing pain, anxiety and insomnia

Revisiting the domains of palliative care: Psychological care

CBT based approaches in improving Psychosocial care along the illness trajectory

Target Audience :

Psychologists, Counsellors, Social Workers

Faculty Details:

Workshop Coordinator :
Dr KV Ganpathy

Workshop Faculty :
Dr Savita Goswami
Dr KV Ganpathy
Dr Sravanthi Maya

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Scientific Committee
Dr. Praneeth Suvvari
Scientific Chair
Dr. S.K.V. Raju
Co-Scientific Chair

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